



MARCH 2024

Orchard Park CSD- Elementary





NYS LOCAL FOODS

*Upstate Farms Dairy

-milk, yogurt, sour cream

*Local Farm Vegetables and

Fruit

used in Meal Program

*LynOaken Farms Apples

Menu is subject to change.

Monday

Tuesday



Wednesday



Roasted Turkey Breast

Steamed Broccoli 3/4c

Thursday



Ham and Cheese Sandwich

Friday

Dr. Suess Day **Green Eggs and Ham** on a Bagel Cheese Pizza

Truffula Trees-Broccoli 1/2C Fox in sox-Peas 1/2C Lorax Oranges- 1 Piece One Fish Two Fish Graham Cracker Fish & Milk-8oz

Superintendent's

Conference Day

highlighted in green

In addition to the Entrée of the Day, we also serve the following Items Daily:

Salads Made to Order (Includes Flatbread) 2M2G

Peanut Butter & Jelly Sandwich (2M2G) Fruit & Yogurt Parfait w/Flatbread(2M2G)

Hamburger/Cheeseburger

Cheese Pizza Baked Beans 3/4C Fresh Fruit -1 piece Milk-8oz

Tostitos Nacho Grande Sour Cream & Salsa

Fruit 1/2C

Chicken Fingers

Milk-8oz

w/Dinner roll

Pepperoni Pizza

NYS Apple-1Piece

Pepperoni Pizza Tator Tots 3/4C Fruit 1/2C Milk-8oz

Chicken Alfredo w/ Dinner roll

Fruit 1/2c

Milk-8oz

Milk -8oz

Chicken Patty

On a WG Bun

BBQ Pulled Pork

NYS Cole Slaw 3/4c

On a WG Bun

Ham & Cheese Wraps Green Beans 3/4C Fresh Fruit -1 Piece

w/Dipping Sauce Cheese Pizza

Mozzarella Sticks

Steamed Broccoli 3/4C Fruit 1/2c Milk-8oz

Mac and Cheese w/ Dinner roll

Cheese Pizza

Sweet Potatoes 3/4 Fresh Fruit 1 piece Milk-8oz

Offered daily with all School Lunches: Fresh or Prepared Fruit (Must take ½ cup of Fruit or Vegetable -

may take up to 1 cup)

NY State Non or Low Fat White or Non Fat Chocolate Milk

PAY FOR MEALS ONLINE

If your Son or Daughter has a particular food allergy, please contact the food service office a lvalentin@opschools.org

Popcorn Chicken

Cheese Pizza

Cheeses Pizza

Milk -8oz

Green Beans 3/4C

Fresh Fruit -1 Piece

Maple Glazed Carrots 3/4C Fruit 1/2C Milk-8oz

Pizza Day

Baked beans 3/4C Fruit 1/2C Milk-8oz

Chicken Fingers

Ham & cheese sub Broccoli 1/2C

Ham & cheese on a Flat

Steamed Broccoli 3/4C

NYS Apple -1Piece

NYS Cole Slaw 1/2C NYS Apple-1Piece Milk-8oz

8" Taco Lettuce & cheese Sour Cream & Salsa

Turkey & cheese on a Flat Bread

Corn 3/4C Fresh Fruit- 1 Piece Milk-8oz

Milk-8oz

bread

Start of Spring Break

On a WG Bun

Corn 3/4C

8" Turkey & Cheese wrap

Milk -8oz

Doritos Taco In A bag Lettuce & cheese Sour Cream & Salsa Turkey and Cheese sand-

wich

Black Bean Salad 3/4 C NYS Apple -1 Piece

Milk-8oz

Hamburger/Cheeseburger 8" Chicken Quesadilla On a WG Bun

Sour Cream & Salsa **Turkey & Cheese Sub**

Corn 3/4C Fruit 1/2C Milk-8oz

Chicken Nuggets

Cheese Pizza

Baked beans 3/4C Fruit 1/2C Milk-8oz

Sauce Dinner roll Pepperoni Pizza

Carrots 3/4C Fruit 1/2C Milk-8oz

Pasta w/ Meatballs &